



In Loving Memory

Your prayers are requested for the repose of the souls of: John Rior-dan; Ed Walsh; F. Keats Boyd, Jr.; Eunice Johnston; Mary Roca; Leonard Cipullo; Elizabeth Donohue; William F., Katherine M., and William J. Ker-rigan; Arthur V. Morley; John Steel Richardson; and all the faithful de-parted.

Mass Intentions

- Saturday, February 17
4:00 PM John Riordan / Fr. Marek
Sunday, February 18
8:30 AM Ed Walsh / Fr. Wyndham
10:30 AM People of the Parish / Fr. Healey
5:30 PM F. Keats Boyd, Jr. / Fr. Healey
Monday, February 19
8:30 AM Eunice Johnston / Fr. Healey
Tuesday, February 20
8:30 AM Mary Roca / Fr. Wyndham
Wednesday, February 21
8:30 AM Leonard Cipullo / Fr. Healey
Thursday, February 22
8:30 AM Elizabeth Donohue / Fr. Wyndham
Friday, February 23
8:30 AM William F., Katherine & William J. Kerrigan / Fr. Marek
Saturday, February 24
4:00 PM Bertha & Thaddeus Karcz / Fr. Wyndham
Sunday, February 25
8:30 AM Edward Walsh / Fr. Healey
10:30 AM Deceased of January / Fr. Marek
5:30 PM People of the Parish / Fr. Marek

Sanctuary Lights
The Sanctuary Light in the Church will be lit this week
For A Special Intention
The Sanctuary Light in St. Jude's Chapel will be lit this week
In Memory of F. Keats Boyd, Jr.

The 40 Days of Prayer, Fasting, Alms giving: Begin counting the days on the First Sunday of Lent and when you reach 40 you will find yourself at the Thursday we call holy and thus the threshold of the Sacred Triduum.

So what have we been doing since last Wednesday? Acclimating ourselves to live these 40 days differently, that by our prayer and fasting, we may become more attuned to God, and by our fasting and self denial, more aware of our neighbor in need and better able to bless them with our almsgiving.

According to an ancient tradition, Christians fasted on Wednesdays and Fridays, but never on Sundays, as it is the weekly Easter, thus if they fasted on the transitional but technically pre-Lenten days that begin on Ash Wednesday, they would make up for the Lenten Sundays on which they would not be fasting.

Lenten fasts were admittedly more serious in former days - (no meat, no eggs, no oil, no dairy, primarily just vegetables)! Such a fast though has proved to be not only spiritual but also a very healthy reboot - so it seems that the plan of God for his people is actually quite holistic and the health our Creator desires for us is not only that of spirit but of mind and body as well.

Such a fast has been promoted in some contemporary religious circles under the name of "The Daniel Fast" and for those

who wish to embrace a more thorough and traditional Lenten Fast it is worth investigating.

As Catholics, we are sadly losing sight of the value of fasting as a healthy spiritual and physical practice by mistakenly thinking that we are only supposed to fast on Ash Wednesday and Good Friday.

This misunderstanding can be attributed to the fathers of the Second Vatican Council who in their optimism perhaps over estimated our spiritual maturity in that they felt the Church should be less strictly legislative in its rules on fasting (only one meatless meal per day) and abstinence (no meat) and so only required fasting on at the beginning and end of Lent and abstinence on all the Fridays of Lent.

Yet their thought was that the faithful would not abandon these penitential practices but rather decide for themselves how to make fasting and abstinence a regular part of their religious lives without incurring sin when they were not practically able to do so.

Indeed, when we see that lines at confessionals are not as long as they might have once been before that Council, what we might also appreciate is that many were in that line because their pizza on Friday came with pepperoni, or their vegetable soup was based in beef broth!

This was not the best use of a confessor's time nor an effective way to cultivate a deeper and more authentic understanding of sin!

So we are supposed to be fasting and abstaining on a regular basis and not only during Lent, indeed the few days in Lent

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First Sunday of Lent

Collection Weekend of February 10 & 11, 2018
First Collection: \$6,756.00 (Offertory)
Second Collection: \$2,185.00 (Building Maintenance)
Thank You



## THE 40 DAYS OF PRAYER, FASTING, ALMS GIVING: *Continued from page 2*

when these are required for the whole church are days which are supposed to afford us a greater sense of solidarity with one another in our self-discipline and self denial.

Yet on other days of Lent, and indeed regularly throughout the year, we might voluntarily embrace fasting and abstinence according to our own circumstances for our own spiritual growth and our physical health and mental clarity as well.

**Additional Opportunities to participate in Daily Mass during Lent:** Tuesdays and Thursdays, 5:30 PM in St. Jude Chapel.

**DIOCESAN WOMEN AND MEN'S CONFERENCE:** Ames Sports Complex, Stonehill College, Saturday, March 10, 2018.

**"Be on Fire, Set the World on Fire".** (Opening at 9 AM and concluding with Mass at 4 PM). Once again, Christ the King Parish will offer a "scholarship" and provide bus transportation for the first 44 parishioners who sign up through the parish office. The total cost will be \$25 inclusive of the day's program and the bus transportation.

**Registration deadline will be February 28th.**

**ADULT CONFIRMATION PREPARATION:** Any who are 18 years of age or older who have not yet received the Sacrament of Confirmation are invited to begin to prepare at this time for the celebration of this sacrament during the coming Easter Season. Please contact the parish office to register for classes.

## Statement of Contributions for 2017

Please call the parish office 508-477-7700 if you would like a statement of your contributions for 2017. We do need 24 hour notice to obtain a printout. You can either pick up statement at the office the day following request, or we will send in the mail.

## Parish Library Reviews



**MOTHER TERESA of Calcutta by Francine Bay, illustrated by Emmanuel Beaudesson.** This new book for readers nine years old and up, faithfully follows adult biographies of Mother Teresa from her birth in Albania to St. Peter's Basilica in Rome where in 2016, she officially became what many already called her, a saint. Beautifully rendered full and double-page illustrations accompany the text.

**THE CHURCH OF MERCY: A Vision for the Church by Pope Francis.** By now, the world has become accustomed to seeing Pope Francis bring a message of inclusion and mercy to the far-flung corners of the world.

A proclamation of mercy has special significance to this Pope who has chosen as his papal motto: *miserando atque eligendo*, which refers to Christ's encounter with the tax collector, Matthew. : *"since he sees by having mercy and by choosing."* He asks Matthew to follow him. The text is taken almost entirely from homilies and general audiences and thus, retains a conversational and spirited tone.

## Calendar of Events

Catholic Women's Club  
50+ Club  
Knights of Columbus  
Invites you to a  
**ST. PATRICK'S DAY  
CELEBRATION**  
Saturday, March 17, 2018  
Parish Hall



Please join CTK  
Scouting Ministry  
on February 18,  
Scout Sunday,

for Coffee and Pastries  
in the Parish Hall after the  
8:30 and 10:30 AM Masses.

## Pro-Life Prayer

Dearest Lord,  
Creator of all that lives and  
Protector of the meek and humble,  
we implore You to help those  
who suffer injustices against  
human dignity.

Save the unborn, free the oppressed,  
feed the poor, comfort the dying  
and heal the sick in body and spirit.  
We pray Lord that You will help us  
to be the instruments to change our  
society of today and be promoters  
of life in all its forms.

Help the world to see an end to the  
culture of death and a new  
springtime of life.

May our parish be an environment  
where life is celebrated and  
shared by all.

We ask this through Christ our Lord.

Amen

Memorial Stone to the Unborn Dedication,  
St. Joan of Arc, Orleans, MA

Christ the King Parish Catholic Women's Club, 50+ Club and  
Knights of Columbus Invite You to

### "A St. Patrick's Day Celebration"

Christ the King Parish Hall  
**Saturday, March 17, 2018**

5:00 PM - Cocktails (Cash Bar)      6:00 PM Dinner

Featuring  
Complete Corned Beef Dinner with all the "fixins" from "Eat Your Heart Out Catering"

**Entertainment by "The Familiars"**, Manny and Linda Dias perform a blend of folk, fiddle, country, Irish and popular music of the 1950's, 60's 70's 80's and more. They accompany their vocals with several instruments including guitar, violin, mandolin, harmonica and Irish whistle.

Donation: \$27.00 per person  
Make checks payable to: The 50+ Club

All seats will be reserved.  
All reservations must be made by March 9<sup>th</sup>

For reservations and questions, call Dottie at 508-477-2837

Tickets will NOT be sold at the door  
No Refunds



*Christ the King*  
**Knights of Columbus**  
Council 13388

**KNIGHTS OF COLUMBUS**  
**OFFICER'S MEETING / MARCH 5th • 7 PM**  
**COUNCIL MEETING / MARCH 12th • 7 PM**

*Dear Parishioners and Fellow Brothers,*

On February 26th, the Knights will be sponsoring the 1st blood drive of the year. I would like to share a few fun facts and figures on blood needs in the US.

1. Every two seconds, someone in the US needs blood.
2. Approximately 36,000 units of blood are needed everyday in the US.
3. Nearly 7,000 units of platelets and 10,000 of plasma are needed daily.
4. Nearly 21 million blood components are transfused each year.
5. The average red blood cell transfused is about 3 pints.
6. The blood type often used is type 0.
7. Blood used in an emergency is already on the shelves before an event happens.
8. A single car accident victim may require as much as 100 units of blood.
9. According to the American cancer society, more than 1.6 million people are expecting to be diagnosed with cancer in 2018, many of them will need blood, sometimes daily, during their chemotherapeutic treatment.
10. We are a small part of the nations number of units used, but just as important. The Cape Cod hospitals are in need of blood everyday for the people, (our friends, family) who use the ER or undergo heart surgery right here on Cape Cod.

So, please give the gift of life when ever possible.

The Knights, ask that you pray the Rosary for the unborn and their mothers.

God Bless,

Dr. Paul Stebenne, GK



## Upcoming

### Weekly Readings for the Week of February 18, 2018

*God is faithful and will not let you be tried beyond your strength. (1Cor 10: 13)*

**Sun., Feb. 18:** Gen 9: 8-15; Ps 25; 1PT 3: 18-22; Mark 1: 12-15.

**Mon., Feb. 19:** LV 19: 1-2, 11-18; Ps 19; Matt 25: 31-46.

**Tues., Feb. 20:** Isa 55: 10-11; Ps 34; Matt 6: 7-15.

**Wed., Feb. 21:** Jonah 3: 1-10; Ps 51; Luke 11: 29-32.

**Thurs., Feb. 22:** 1Pet 5: 1-4; Ps 23; Matt 16: 13-19.

**Fri., Feb. 23:** Ezek 18: 21-28; Ps 130; Matt 5: 20-26.

**Sat., Feb. 24:** DT 26: 16-19; Ps 119; Matt 5: 43-48.

**Next Sun., Feb. 25:** Gen 22: 1-2, 9a, 10-13, 15-18; Ps 116; Rom 8: 31b-34; Mark 9: 2-10.

## Support Group Meetings

**AA MEETING** – Monday evenings, 5:30–6:30 PM, Room B. This Meeting is open to anyone with a desire to stop drinking. If you think you have a problem with alcohol, you are welcome to attend this Meeting.

**AA MEETING** – Tuesday evenings, 7:30–8:30 PM, Parish Hall, “Speaker’s Meeting”.

**MASHPEE SUBSTANCE USE TASK FORCE – Drop in Night** – providing substance use information, education and treatment resource. First Tuesday of each month, 4–8 PM, Community Health Center of Cape Cod, 107 Commercial St., Mashpee. All are welcome.

**MEN’S ALANON MEETING** – Wednesday evenings, 6:45 PM, Room C.

**ALANON MEETING** – Thursday evenings, 7:00–8:30 PM, Room A-1.

**AA MEETING** – Saturday evenings, 7:30 PM, Room B.

**OVEREATERS ANONYMOUS** – at Christ the King, Wednesdays, 6:30–7:30 PM, Room A. First Wednesday of the month – Information Night for Newcomers. Everyone welcome.

**MONTHLY PARKINSON’S SUPPORT GROUP:** – 2nd Thursday from 10 AM – 11:30 AM, Mashpee Council on Aging, 26 Frank E. Hicks Drive. To register or for more information, please contact Jeanne Jackson at jahjackson@comcast.net / 508-367-4267 or Denise Dever at ddever@homeinstead.com / 508-778-8613.

## Meetings

**EXERCISE CLASS** – for folks over 50, Tuesdays and Thursdays, 9:15 AM, Parish Hall. Contact office for more information.

**RESPECT LIFE MEETING** – The Respect Life Ministry meets in Classroom C the 1st Monday of the month immediately following the 8:30 AM Mass. Everyone is invited.

**50+ CLUB** – A Parish organization for Seniors. Meetings and activities usually the 1st Tuesday of every other month in the Parish Hall at 1 PM. Day trips are scheduled every other month on a weekday. New members are always welcome. Call Agnes and Charles Hopewood at 410-287-4879 for further information.

**THIRD ORDER OF CARMELITES** – meets the 3rd Sunday of the month, 10:30 AM. Mass followed by a teaching in Room A; daytime prayer in St. Jude’s Chapel. We meet every Sunday at 6:30 PM, St. Jude’s Chapel for evening prayer. We welcome your presence. The Lay Carmelite Order of St. John of the Cross. Dottie Cawley 508-477-2798 for more information.



**Our Web Sites**

http://www.ChristtheKingParish.com



**FACEBOOK**

facebook.com/CTKCapeCod

**E-mail Addresses:**

Fr. Healey/pastor@christthekingparish.com

Fr. Marek/mchmki@yahoo.com

Mary Becker/mary@christthekingparish.com

Joanne Lemay/joanne@christthekingparish.com

Sonny Capizzi/sonny@christthekingparish.com

Carol Daniels/carol@christthekingparish.com

Kathy Laird/faithformation@christthekingparish.com

Kathy Laird/youthministry@christthekingparish.com

donna@christthekingparish.com

office@christthekingparish.com

**What's Missing?**

Do you have questions about your Catholic faith?

Do you know why you are Catholic? All are welcome.

**DATES:**

Thursdays, 3/1 & 3/15

9:30-11 AM / Classroom A

Facilitator is Deacon Lemay

**Community Calendar**

**"LYRICS OF THE HEART:"** A women's retreat led by Peggy Patenaude and accompanied by singer-songwriters Stowgood will be held at **Sacred Hearts Retreat Center in Wareham, MA, April 13-15, 2018.** For more information, either contact Peggy at 508-548-9149 or [timeoutretreats@comcast.net](mailto:timeoutretreats@comcast.net) The weekend is two-thirds full already, so don't postpone!

**CTK CHARISMATIC PRAYER GROUP**



Please join us in Praise and Worship of Our Lord and Intercession for our Parish and World needs.

Monday 7 PM to 8:30 PM Classroom C

For info call Marie (508-539-4926) Pam (508-681-8229)

**STAY CONNECTED!**



Facebook.com/CTKCapeCod

Twitter.com/CTKCapeCod

**Attention: Parishioners of Christ the King Parish**

We have space available in our weekly bulletin to advertise your business.

Your ad would appear in our weekly bulletin and also would be listed on our website.

If interested in placing an ad, please call the parish office at 508-477-7700, for further information.

**Invitation to Children & Parents**

You are welcome to sit in choir area of church at the 8:30 AM Mass. Learn to sing with joy and happy hearts.

We're blogging at CTK

**THE KING'S CORNER**

musings of a pastor and his deacons

To find the blog visit the homepage of our web site [www.christthekingparish.com](http://www.christthekingparish.com) and click the logo above.

**Diapers and Wipes URGENTLY NEEDED!**

Diapers are as essential to a baby's healthy development as a mother's love. Keeping infants and toddlers clean, dry, and healthy, is key to building a solid foundation for all children to reach their full potential. But, many babies don't have the clean diapers they need.

Babies NEED a diaper change 7-8 times a day.

Many families struggle to afford diapers and wipes.

No programs from the government are in place to help the families with this huge expense.

Each week, at the food pantry, diapers are dispensed to the children in need.

Please donate diapers and/or wipes. Sizes most needed are 4, 5, 6 and pull-ups.

Please drop off at Parish Hall on Wed. mornings, 10-12 or call Gail, 508-457-0031, for pickup.

**Diapers and Wipes URGENTLY NEEDED!**

**Walking with Purpose**

Enabling women to know Christ through Scripture



**Women's Bible Study**

Visit the welcoming setting of women responding to a Scripture study that opens their hearts and minds to deeper Faith in a loving Christ

No Bible Experience Necessary

Tuesdays 9-11 AM and Thursdays 7-9 PM

Parish of Christ the King Classroom B

WWPMashpee@aol.com

**CTK St. Vincent de Paul Thrift Shop**

For select furniture pick-ups, call ROLAND at 774-205-4039 to schedule a pick-up depending on space availability.

There is a \$35 fee which covers the gas and maintenance on the truck.